



the art of living creatively

2010 course

One-year course in personal development,
healing and creative expression



About the course

The art of living creatively is a one-year course in deep personal transformation based on the philosophy of Rudolf Steiner, Psychophonetics (a therapeutic approach that includes conversation, body awareness, sensing, gesture, visualisation and sound work) and creative expression (using pastel drawing, watercolour painting, sculpture and creative writing/poetry).

The course is comprised of 5 components:

- Restoring inner peace
- Soul drawing
- The art of relationship
- The healing power of sound
- The healing power of creative expression

About the facilitators

Our course facilitators are:

- **practitioners** in Psychophonetics. This modality embraces the whole human being as body, soul and spirit.
- **members** of IAPP (International Association of Psychophonetic's Practitioners).

Venue

Tree of Life, 3 Denmark St; Kew

Dates and times

The course begins Tuesday
February 16, 2010 and includes:

- 4 terms of group meetings
(Tuesdays, 7pm-10pm)
- 4 one-day workshops
(Saturdays, 10am-5pm)

Fee

- \$2,576 (or 4 x \$644)
(most art materials supplied)
- \$100 discount for full year
payment in advance
- Part payment required to
secure your place.

More info

For more information about
the course and to enrol visit:
www.psychophonetics.com.au/aolc

or contact:

Kate Casey

phone: **0419 246 389**

email: katemcasey@gmail.com

*We must be able to give ourselves
up to the enjoyment of art, of poetry,
or of some other activity that is not
concerned wholly with crass reality.
Those who can give themselves up in
this way ... can enliven and invigorate
the whole of existence.*

Rudolf Steiner